**Kay Glidden and Beth Reynolds Lewis Keynote List – 1-2020**

**Compassion Fatigue & Secondary Trauma**

1. Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue (Compassion Fatigue Introductory)

2. Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue (For Educators)

3. Resilience for the Responders: Creative Tools for Compassion Fatigue & Secondary Trauma for Disaster Relief Workers (Compassion Fatigue for Disaster Responders)

4. Overwhelmed: Care for the Caregivers (Compassion Fatigue for caregivers)

5. The Edge Of Compassion: Staying Well While Working in High Stress, Trauma-Exposed Environments (beyond the basic Compassion Fatigue presentation)

6. Surviving Emotional Trauma for Law Enforcement and First Responders: Creative Tools for Emotional Survival and Resiliency (Compassion Fatigue for law enforcement, First Responders, Dispatch, juvenile justice, probation, parole, Fire Fighters, diversion, corrections)

7. Organizational Health in Trauma-exposed Environments/Leadership and Resiliency: Strategies for Teams

8. Quick Resilience: Self-Care Tools for Immediate Relief

**Trauma Informed Care**

9. Helping Adults Cope with Grief

10. Emotional Trauma and Recovery (Trauma 101)

11. Trauma or Drama? Resiliency Strategies for Traumatized Youth (adults working with teens and young adults)

12. Children and Trauma: Effective Strategies for Healing and Resiliency (adults working with babies and young children)

13. Creating Calmer Classrooms: Working with Traumatized Students (for Educators)

14. Be Here Now: Mindfulness Benefits and Skills