**Organizational Health in Trauma Exposed Environments**

**Description**

Research has shown that high-stress, trauma-exposed environments such as behavioral health are unique work environments with increased risk for staff burnout and compassion fatigue. This session will present the Complex Stress Model and tools to assess the functional capacity of your teams. We will provide concrete tools to assist staff in developing well-planned and secondary trauma-informed best practice strategies to support the team as a whole.

**Learning Objectives**

* Understanding the Complex Stress Model
* Managing change and uncertainty with the Window of Tolerance Framework
* Assessing the functional capacity of your team
* Creating Secondary Trauma Stress Informed communities of practice
* Action plan for next steps